

<https://doi.org/10.46344/JBINO.2022.v11i03.40>

STUDY OF VATAJ KASA AS A SYMPTOM AND DISEASE IN VARIOUS AVASTHA

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Introduction

Change is law of nature which occurs due to regional and environmental factors. In the development of diseases, they play their significant roles. Due to change in environment certain entries of new diseases are detected while the prevalence of many existing diseases is reduced or disappeared e.g. the universe is free from smallpox. Considering all these points, the historical background and review of literature for a disease is important. Keeping benefits in mind, the review of literature of Kas-rog is given in details. For study purpose symptom kasa and kasavyadhi having panchanidanatmaka presentation were taken. Physician would better understand whether kasavyadhi occurred is swantra,

updravatmaka, symptom in other disease or arishtasuchak lingam.

Kas-rog vivechan

Kas- nirmiti :-

Kas in fact is a symptom and is found in various diseases. But when kas is responsible for development of various signs and peculiar symptoms; then it is considered as separate disease and is managed accordingly. When pranvayu starts working like udanvayu, it results in kas. Vayu includes pran & apa

Naidanik Vivechan

Kas Vyadhi

Kas-nidan/ hetu

Table showing the samanya nidan according to

Sushrut, Vagbhat, Madhavnidan, Bhavprakash.

Sr.	Nidan	Sushrut	Vagbhat	Madhavnidan	Bhavprakash
1	Dhumopgat (smoke factor)	+	-	+	+
2	Dhulisevan (Dust contact)	+	-	+	+
3	Ati Vyayam. (excessive physical exercise)	+	-	+	+

4	Rukshanna sevan (Diet without fat)	+	-	+	+
5	Bhojansya vimarga gamana	+	-	+	+
6	Vegavarodha	+	-	+	+
7	Kaphavruddhi	-	+	-	-
8	Grahabadha	+	+	-	-
9	Asatmyajbhav (Allergic factor)	-	-	-	-

Showing kas nidan according to Charak & Vagbhat

Vataj	Pittaj	Kaphaj	Kshataj	Kshayaj
Rukshya, sheet, Kashay food consumption	Ushna, Vidahi, Amla & kshar annasevan	Guru, madhur, Abhishyandi Snigdha Annasevan	Ativyavay	Vishambhojan
Alpashan	Agni or atap sevan	Divaswap	Atibharvahan	Astmya bhojan
Meetashan	Krodha	Vishamcheshta	Ati-cankraman	Vegnigrah
Vegadharan	Santap	-	-	Atishok
Atishram	-	-	-	-

Samprapti

Cough attains specific distress and sound due to specific cause impending the forceful vayu.

Dosha - Vayu (Pranvayu, Udanvayu, Apanvayu)

Dushya - Ras, Rakt

Sanchar - Ura, Kanthanadi, Kantha, Mukha

Sthansanshraya - Pranvaha strotas.

Classification of kas- rog

Sr.	Name of disease	Charak Samhita	Sushrut Samhita	Ashtang Hrudaya	Bhel Samhita	Harit Samhita	Madhav nidan	Bhav prakash
1	Vataj kas	+	+	+	+	+	+	+
2	Pittaj kas	+	+	+	+	+	+	+
3	Kaphaj kas	+	+	+	+	+	+	+
4	Sannipataj kas	-	-	-	-	+	-	-
5	Vat pittaj	-	-	-	-	+	-	-
6	Pitta kaphaj	-	-	-	-	+	-	-
7	Raktaj	-	-	-	-	+	-	-
8	Kshayaj	+	+	+	+	+	+	+
9	Kshataj	+	+	+	+	-	+	+

Table showing poorvaroop according to various Acharyas.

Sr	Poorvaroop	Charak	Sushrut	Vagbhat	Madhav nidan	Bhavprakash
1	Shukapurna galasyata	+	-	+	+	-
2	Kanthe kandu	+	-	+	+	-
3	Agnisad	-	+	-	-	-
4	Aruchi	-	-	+	-	-
5	Bhojyanam Avrodhah	+	-	+	-	-
6	Gal talu lepah	+	-	-	-	-
7	Shabdvaishmya	-	+	-	-	-

Roop of Vataj Kas :-

According to Acharya Charak main symptoms of vataj kas are dry cough and patient expectorates with great difficulty dry sputum and expectoration the cough is diminished. Other than these symptoms some other symptoms are seen as follows.

- 1 **Urashool (chest pains)**
- 2 **Parshvashool (bachaache)**
- 3 **Shirshool (headache)**
- 4 **Swarbhed (alteration in voice)**
- 5 **Kanthashosha (Dryness in chest, throat & mouth)**
- 6 **Nirghosh (Faintness rattling sound in the throat)**
- 7 **Pratamyata**
- 8 **Stanan**
- 9 **Daurbalya**
- 10 **Kshobha**

11 Moha
12 Shushka-kas

According to Sushrut samhita ,symptoms of vataj kas are described as

- Hrushunkhmurdhodarparshvashuli -
Chest pain headache and pain in abdomen
- Kshamananha -
Dryness of mouth
- Kshinbalswaraujaha - The
patient appears pale and fainting
- Swarbhed -
Change in voice
- Kasetu shushakam -
Production of dry cough

Table showing the roop of Vataj Kasa

Sr	Symptoms	Charak	Sushrut	Ashtang Hrudaya	Ashtang Sangraha	Madhavnidan	Bhavprakash
1	Hritshoola, parvashoola, Shirshoola	+	+	+	+	+	+
2	Swarbheda	+	+	-	-	+	-
3	Shushkauram	+	-	+	+	-	-
4	Kantha vaktram	+	-	+	+	-	-
5	Hrishtalomna	+	-	+	+	-	-
6	Pratamyata	+	-	-	-	-	-

7	Dainya	+	-	-	-	-	-
8	Stanana	+	-	-	-	-	-
9	Daurbalya	+	+	-	-	+	+
10	Kshhobha	+	-	+	+	-	-
11	Moha	+	-	+	+	-	-
12	Shushka kasa	+	+	+	+	+	+
13	Shankhashoola	-	+	-	-	+	+
14	Udarshoola	-	+	+	-	+	+
15	Kshin swara	-	+	+	-	+	+
16	Kshin Ojha	-	+	+	+	-	+
17	Kshamanan	-	+	-	-	+	+
18	Prasaktha Kasa	-	+	+	+	+	+
19	Ruja	-	-	-	-	-	-

Kasa as a symptom in different diseases and conditions

1. Abscess of heart (endocarditis) Cha. Su. 17/10
2. Tamak shwasa Cha, chi. 16/57
3. Pranvayu prakopa Ah. ni. 16/20
4. Kaphaj hrudrog Cha. Chi. 16/78-79
5. Yakshma Su. U. 41/14-15
6. Shosha Cha. ni. 6/4
7. Kshaya Cha. ni. 8/25

Diseases of abdomen

1. Baddhagudodar Cha. chi. 13/41
2. Jalodar or dakodar Cha. chi. 13/47
3. Chhidrodar Cha. chi. 13/44
4. Kaphaj grahani Cha. chi. 15/68
5. Kaphodar Cha. ni. 3/11

6.	Vataj arsha	Cha. ni. 14/11
7.	Kaphaj arsha	Cha. ni. 14/17
8.	Poorvaroopo of arsha	Su. ni. 2/8
9.	Raktaj gulma	Cha. ni. 3/14
10.	Plihodar	Cha. ni. 13/38
11.	Vataj udavarta	Su. U. 55/9
12.	Amashayagata vata	Cha. chi. 28/28
13.	Vataj grahani	Cha. chi. 15/64
14.	Kaphaj chhardi	Ah. ni. 5/35
15.	Vataj chhardi	Cha. chi. 20/8
16.	Vatodar	Cha. chi. 13/25

Systemic diseases

1.	Gambhiraj jwara	Su. U. 39/62
2.	Kaphaj jwara	Cha. chi. 1/27
3.	Kaphaj pandu	Cha. chi. 16/22
4.	Madatyaya	Cha. chi. 22/163
5.	Majja gata vayu	Cha. chi. 3/81
6.	Pitta kaphaj jwara	Cha. chi.39/50
7.	Poisoning of kaphaj sthana	Cha. Chi.23/29
8.	Prodermal symptoms of Raktapitta	Ah. ni. 2/26
9.	Vegavidharana janya shosha	Cha. ni 6/6
10.	Shosha	Cha. ni. 6/10
11.	Vatolbana sannipataj jwara	Cha. ni. 3/10
12.	Vata sheishmolbana sannipataj jwara	Cha. chi. 3/91
13.	Vata kaphaj jwara	Cha. chi. 3/87
14.	Vataj jwara	Cha. ni. 1/21
15.	Vataj visarpa	Cha. ni. 21/30

Kasa as a complication in different diseases.

1.	Ascitis as Jalodar	Cha. chi. 3/49
2.	Congenital piles or sahaj arsha	Cha. chi. 14/8
3.	Kaphaja prameha	Su. ni. 6/13

- | | |
|----------------|-----------------|
| 4. Arsha | Ah. ni. 6/22 |
| 5. Panatyaya | Su. U. 47/27 |
| 6. Rakta pitta | Cha. ni. 3/7 |
| 7. Vrana | Cha. chi. 25/30 |

Kasa as Arishta Suchak lakshan

The patients showing such symptoms invariable leads to death. Cha. Indriya. 6/9 Patient remains only with skin and has low grade fever before 12 noon and also

has dry cough, dies soon. A. S. 6/10

Patient suffering mainly from fever and cough and is asthmatic excretes very less quantity of urine and obviously shows the signs of dehydration. Patient will not

survive. Cha. Chi.. 6/15 Patients having productive cough sputum in abundant quantity, lok blue, yellow and always show presence of blood in sputum, dies invariably.

Su. su 38 If patient has diarrhoea, fever, hikka, asthigranthi, nidra, & severe dehydration dies very early.

2. Madhavnidan by Shankar daji pade
3. Ashtangahridayam arunadatta and hemadri teeka by chaukhambha publication
4. Sateek sushrutasamhita Chaukhambha publication
5. Vataj kasa and its management by vasapatrasvarasasiddha ghrta and guduchi kantakari siddha ghrta a clinical comparative study a dissertation submitted by Dr S S Chhapekar to MUHS.

Conclusion

In this way The Symptoms of kasa as a disease, upadrav, lakshna and arishta lakshanas can be classified. It would better to understand related to kas vyadhi and its sadhyasadhyata.

References:

1. Charaksamhita chakrapani teeka Chaukhambha publications